Youth Goals (Ages 7-17)

My name is: ________________________________  Today’s Date: __________________

At Clifford Beers we work with kids and their families to express feelings, talk about things that happened to them, work on things they may want to change in their lives. We call these goals.

**What do you want to work on at Clifford Beers? What are your goals for treatment?**

My goals for myself are: __________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

My goals for my family are: ______________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

I know I will have met my goals when (what will be better in my life): __________________
_____________________________________________________________________________
_____________________________________________________________________________